



Suicide/Crisis Help Numbers

Emergency – ask for CIT officer (Crisis Intervention Trained): 911

National Suicide Prevention Hotline (800) 273-8255

Crisis TEXT Line: Text 741-741

Northshore Health Systems Mental Health: (847) 570-2500
Press “0” to have crisis worker paged

Haven Youth and Family Services – Wilmette - intake assessments, and 24/7
Emergency Housing for teens (runaway, lockout, family conflict) (847) 251-6630

Text-a-Tip – local crisis counselors 24/7 – Text “Hello” to (844) 823-5323

NAMI National Helpline (800) 950-6264

Local Counseling/Treatment Centers:

The Josselyn Center (Northfield) (847) 441-5600

Counseling Center of the North Shore (Winnetka) (847) 446-8060

Samaritan Counseling Center (Winnetka) (847) 446-6955

Family Service Center (will do Student Safety Assessment) (847) 251-7350

Family Service of Glencoe (Glencoe Residents) (847) 835-5111

Counseling Center of the North Shore (Winnetka) (847) 446-8060

The Family Institute at Northwestern University (847) 733-4300

Compass Health – Intensive adolescent treatment – locations in Northbrook and Chicago
compasshealthcenter.net (224) 803- 2358

Insight Behavioral Health Center - adolescent intensive treatment for mood and anxiety disorders – locations in Northbrook and Evanston (847) 915-6747

SunCloud Integrative Outpatient Treatment – adolescent and adult treatment for eating, mood, trauma and substance abuse disorders as well as drug and alcohol addiction. Locations in Chicago and Northbrook (866) 729-1012

Hazelden/Betty Ford – Screening for Drug or Alcohol Addiction – also has inpatient and outpatient treatment centers nationwide, including Chicago (866) 831-5700

Also, talk to the individual’s primary care provider for screening and help finding treatment.